



**Connecticut Valley Hospital  
Nursing Policy and Procedure**

**SECTION D: PSYCHOLOGICAL ADAPTATION**

**CHAPTER 13: BASIC NEEDS**

**POLICY AND PROCEDURE 13. 7 Hair Care**

Authorization:  
Nursing Executive Committee

Date Effective: May 1, 2018  
Scope: All Nursing Staff  
Revised: 3/7/2019

**PURPOSE:** To provide a standard of hair care that is culturally sensitive and consistent for all patients throughout the hospital

**POLICY:** All patients will be afforded the opportunity to groom their hair with culturally sensitive supplies, products, and hair service options at Connecticut Valley Hospital.

The following Hair Care Services are available to all patients in the salon: *Cutting or dressing; scalp treatment with oils, cream, or other preparations made for this purpose; dyeing or coloring; permanently waving; permanently straightening.*

These services may be performed by hand or by means of mechanical appliances.

**HOSPITAL SPECIFIC:**

**A. Salon Schedule**

Only Licensed Hairdressers are permitted to cut, color, or relax patient hair. A Licensed Hairdresser is located in the salon in the Page Hall Treatment Mall. The weekly salon schedule for each Division is as follows:

1) Addiction Services Division

Merritt 3AB: **Monday**, 1:00pm-3:00pm

Merritt 2AB and 2DE: **Tuesday**, 1:00pm-3:00pm

2) General Psychiatry Division

Woodward 1N, 1S, 2N: **Monday**, 1:00pm-3:00pm

Battell 3N and Woodward 2S: **Tuesday**, 9:00am- 11:00am

Battell 2N, 4N and Merritt 4D: **Wednesday**, 1:00pm – 3:00pm

Battell 4S, 2S: **Thursday**, 1:00pm – 3:00pm

Battell 3S: **Friday**, 1:00pm-3:00pm

Cottage: **By appointment only**

## **B. Hair Products and Supplies**

1. Head caps supplied by the hospital are allowed to be worn at bedtime.
2. Wigs, hair pieces and loose hair (self-weaving) are allowed to be brought in by friends or family members to clients with team approval.
3. Hair glue for weaving is allowed to be given to patients independently, with nurse discretion, in the Addiction Services Division only.
4. Hair food product or hair gel product is to be offered to all patients upon request.
5. Vented or bristle brushes are to be offered to patients depending on their preference.
6. New and unopened hair products are allowed to be brought in for clients by friends or family members with team approval.